



NEWS YOU CAN USE

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JANUARY 2023

Dr. Martin Luther King, Jr. Community Celebration

Commemorate the life and legacy of Dr. Martin Luther King, Jr. with a community celebration on Monday, January 16. The event includes a parade, a lineup of live music performances, family friendly activities, displays, and food vendors.

This signature City event kicks off at 10:00 am with a Dr. Martin Luther King, Jr. Celebration Parade in historic downtown. Bring a lawn chair or blanket and head to your favorite viewing spot along Plant Street (from Woodland St. to Central Ave.).

Immediately following the parade at about 10:30 am, the celebration continues with a lineup of top-notch music performances at the Downtown Pavilion. The Gerry Williams Band, Craig Thompson Project, and Selwyn Birchwood will be taking the stage throughout the day.

Preregistration to participate in the parade is required and applications must be received no later than January 10, 2023. For more information, visit cwgd.com/Special Events or call Winter Garden Parks and Recreation Department, 407.656-4155.

Monday, January 16 | 10:00 am – 4:00 pm | Historic Downtown



Your City Celebrates its 120th Anniversary this Year

Save the Date of February 11

The year 2023 marks the 120th anniversary that your hometown was established. The celebration kicks off next month with the **Winter Garden Heritage & Music Festival on February 11**. The daylong festival will bring together all the things that make Winter Garden the place we all love as we celebrate this momentous occasion!

More information to be announced in next month's newsletter, and stay tuned to cwgd.com and downtownwg.com for updates.

Saturday, February 11 | 11:00 am – 10:00 pm | Historic Downtown



Utility Bill Assistance Available for Low Income Seniors

The City of Winter Garden offers a Utility Bill Assistance Program for Low Income Seniors. Qualified candidates can receive a reduction of up to \$35 on their monthly utility bill.

Program Qualifications:

- must be 65 years of age, or 62 years of age and receiving Social Security benefits
- a CITY resident continuously for past 5 years
- monthly household income not to exceed \$1,566.80 (Single) or \$2,190.43 (Married)

Documents needed with application:

- copies of current identification
- 2023 Social Security Benefit Statement OR 2022 Federal Income Tax Return
- ALL other proof of income for entire household

Starting January 3, application is available at Winter Garden City Hall Reception Desk, 300 W. Plant Street, or by contacting the City Clerk's office, 407.656.4111 ext. 6327.

APPLICATION and PROOF OF INCOME DEADLINE is MAY 1, 2023.

Holiday Office Closures and Solid Waste Collection Services Schedule

New Year's Day (Observed):

- All City Government Offices will be closed on Monday, January 2.
- There will be Regular Solid Waste Collection Services on Monday, January 2.

Dr. Martin Luther King, Jr. Day:

- All City Government Offices will be closed on Monday, January 16.
- There will be Regular Solid Waste Collection Services on Monday, January 16.



SIGN UP FOR FREE!

HANDS ONLY CPR

CITIZEN TRAINING COURSE

Fire Rescue Offers Free Citizen CPR Class

Interested in learning how to take a hands-on approach toward saving lives? The City of Winter Garden Fire Rescue Department is offering a free, 90-minute Hands Only CPR Citizen Training Course to the community on January 21, as well as on select dates in 2023.

The program will cover:

- Hands only Adult and Child CPR
- Proper AED use
- Adult and Child Choking



Upon completion, participants will earn a certificate acknowledging their successful demonstration and learned concepts detailed in the program. Pre-registration is required. Visit enroll.wgplay.com and click on "Recreation Classes" or scan QR code provided. Space is limited to 12 participants.

Saturday | January 21, March 18, and May 20 (select one session)
9:30 – 11:00 am or 11:30 am – 1:00 pm | Free
Jessie Brock Community Center, 310 N. Dillard Street

Fire Hydrant Flow Testing Continues through February

The Winter Garden Fire Rescue Department will be conducting fire hydrant flow testing through mid-February. Residents may notice a brief reduction in water pressure and some discoloration of the drinking water. Discolored water poses no threat to the public's health. If you experience continued loss of water pressure or water discoloration, please contact the Public Services Department at 407.656.2256.

Reflection of Time: Tribute to Local African American Artists

The latest Art in Public Places exhibition explores the journey of African American artists from the Winter Garden community and surrounding areas. This collective body of work preserves a small portion of the continuous American struggle, which is an African American struggle that needs to be told so that the importance can be felt year-round.

The exhibition showcases artwork by local artists of different artistic disciplines, unified under one brushstroke that shares one common denominator—Black excellence. Patrick Noze, Crealdé School of Art Senior Curator of Exhibitions, curated the exhibit.

Reflection of Time Exhibit | January 9 – February 28

Thursday, January 12 | Opening Reception, 5:00 - 6:30 pm & Gallery Walk with Curator at 5:30 pm

Art in Public Places Gallery at City Hall | Monday – Friday,
7:30 am – 5:30 pm | 300 W. Plant Street | Free

Free Grease Monster Fighting Kit Helps Avoid Costly Repairs

Do not let grease monsters attack your home. Fats, oils, and grease (FOG) are found in most kitchens. They include cooking oil, shortening, lard, butter, and margarine. FOG is also in meats, gravy, mayonnaise, salad dressings, dairy products, and food scraps. Do not make the costly mistake of pouring cooking oils and grease down the sink or flushing down the toilet. When grease attacks the sewers, it can harden and build up and can cause damage to the public sewer system and to your home plumbing, costing thousands of dollars.



Ready to protect your pipes against grease monsters?
Follow these Steps and Put A Lid On It:

1. Cool. Allow your cooking grease to cool completely.
2. Put a lid on it. Pour cooled grease into a can, jug, or jar. (Lid for can provided in free kit.)
3. Store. Place container into a plastic bag and seal the bag.
4. Dispose of the bagged container in your regular trash bin when container is full.

Pick up a Free Grease Monster Fighting Kit at City Hall reception desk during operating hours. For more information, call 407.877.5193.

WINTER FUN with PARKS & RECREATION!

Tai Chi, Yoga, Systema, Tennis, Softball, 50+ Activities & Trips, Art Classes, Kickball, Preschool Activities, Zumba and more! All programs are held at Jessie Brock Community Center, 310 N. Dillard Street, unless noted otherwise.

For details about programs, classes, and athletic leagues, visit the "Parks & Recreation" page at cwgd.com or call 407.656.4155. **Register at enroll.wgplay.com.**

ACTIVE 50+ TRIP TO PONCE INLET LIGHTHOUSE & MUSEUM—PONCE INLET, FL

The Ponce de Leon Inlet Light Station is a National Historic Landmark and home to one of the finest lighthouse museums in the world. As you step inside the historic white picket fence, you are literally stepping back in time. All the original structures are there for you to explore, and yes – you can climb the 203 steps to the top of the lighthouse tower! Dutch treat lunch.

Tuesday, January 17 | 8:30 am – 4:30 pm
\$19 City Resident / \$23 Nonresident

BOOT CAMP WITH BRAD

Looking for cardio and strength training exercises that utilize both weights and body weight? Join this bi-weekly boot camp to learn how to develop a more physically healthy body and the mental well-being that comes with exercise.

Mondays & Thursdays | 5:30 – 6:20 pm
16 years and older
\$16 City Resident / \$18 Nonresident, per class
\$55 City Resident / \$65 Nonresident, per month (8 classes)

CARDIO DRUMMING

This Cardio Drumming beginner's class is a cardiovascular-based full-body workout that requires you to move and play drums along to music. Except it does not actually involve any drums! It will raise your heart rate and help you burn hundreds of calories, improve your coordination and ability to focus, and help strengthen many muscle groups, including your core. Must register, as space is limited.

Wednesdays | 6:00 – 7:00 pm
Evening Class | Meets at Jessie Brock Community Center
\$4 Resident / \$5 Nonresident, per single class
\$12 City Resident / \$15 Nonresident, per 4-week session

POWER YOGA FLOW

Utilizing flexibility as a means to focus on linking poses together with continuous movement, Power Yoga Flow will bring awareness to one's body and breath, all while increasing cardio vascular health and muscular strength.

Thursdays | 6:30 – 7:20 pm
Monthly | \$30 Resident / \$34 Nonresident
Single Day | \$12 Resident / \$14 Nonresident

XTREME HIP HOP WITH TARCIA

This is a revamp of traditional step aerobics and includes routines set to hip-hop and R&B that will give you a great caloric burn. Please note, steps are not provided.

Tuesdays and Thursdays | 6:00 – 7:00 pm
\$10 Resident / \$12 Nonresident, per class



City Government Serving You

MAYOR/COMMISSIONER

John Rees, District 5 – City Wide
407.656.7372
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COMMISSIONERS

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CITY OF WINTER GARDEN

300 W. Plant Street
Winter Garden, FL 34787
407-656-4111



NEWS YOU CAN USE

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JANUARY 2023



SOBO Art Gallery

127 S. Boyd Street | wgart.org | 407.347.7996

Tuesday – Friday, 11:00 am – 5:00 pm | Saturday, 10:00 am – 4:00 pm | Free Admission

EXHIBITION

Artisans Appeal

Now – January 28

A vast selection of 2D and 3D works that depict both the FUN and FUNCTIONAL dimensions of art.

Art in Motion

A variety of 2D and 3D artwork that celebrates movement and motion. From sports and exercise to concepts like energy, fluidity, and mechanics. This theme has a broad range!

January 31 – April 1

Opening Reception, February 2 | 5:30 - 8:00 pm
Public Invited

CALL TO ARTISTS

January 1-8 | *Art in Motion*: Submit 2D & 3D artwork that celebrates movement and motion. From sports and exercise to concepts like energy, fluidity, and mechanics. Send online submissions to wgart.org/artists/call-to-artists.

Visit the “Call or Artists” website page regularly for themes of upcoming exhibitions, and submit online the FIRST through the EIGHTH of the month prior to an exhibition.

WORKSHOPS FOR ADULTS

Details and registration, wgart.org/adults.

Artist Nicora Gangi – Two-Day Pastels Workshop
Register at wgart.org/project/nicora-gangi.

This two-day workshop will focus on COLOR DRAWING with Pastels. Utilizing Soft Pastels, Oil Pastels, Color and Drawing Pencils, Nicora has developed skills as a leading artist in this medium that are sure to take your artistry to the next level.

January 13 and 14 | Fee required

Technique Tuesday at 2PM

A weekly “CREATE” event and opportunity for ALL SKILL LEVELS to learn, grow, and be inspired through the talents of other artists. Free for members, first-time visitors, and guest of members. Schedule and details, wgart.org/tuesdays.

Tuesdays | 2:00 pm | Studio Room

Artist Night Studio: Life Drawing

Model is available to draw every Wednesday night.

Wednesdays | 6:30 – 9:00 pm

18 years and older only
\$10 member / \$15 nonmember
(collected at sign in)

Open Studio Saturdays for Members

Bring your own supplies and enjoy creating in our studio room — or on our outdoor front patio with

the Farmers Market (open through 1:00 pm) just steps away. Must bring your own drop cloth (and shading if necessary) when painting outside. Reserve your space today at wgart.org/studio-time.

Saturdays | 10:00 am – 5:00 pm | Members Only

ART FOR KIDS

Details and registration, wgart.org/kids.

Wednesday Art Clubs

2nd grade - 5th grade | 2:45 - 3:45 pm
Middle and High School | 4:00 - 5:00 pm
\$15 each session, includes all materials

VOLUNTEER

Currently accepting applications for volunteer opportunities at SOBO for Saturdays! Sign up at wgart.org/volunteer.

LIVE MUSIC PROGRAM FOR ALZHEIMER'S & DEMENTIA ADULTS

Musical Minds with Central Florida Community Arts

Free live music sing along program for adults with early stages of dementia and Alzheimer's Disease and their care partners.

Thursdays | 10:30 am – 11:30 am

For more information and to RSVP, visit cfcarts.com/musicalminds or call 407.937.1800 ext. 719.



Lakeview and Drew High Schools: A History Exhibit at the Heritage Museum

This current exhibit at the Winter Garden Heritage Museum features the history of two local schools (Lakeview and Drew High Schools), dating back from their inception, to the days of segregation, to the day when all students in Winter Garden could attend classes together.

Now - February 28

Winter Garden Heritage Museum | 1 North Main Street | wghf.org | 407.656.3244 | Tuesday - Saturday | 11:00 am – 3:00 pm | Free Admission