



NEWS YOU CAN USE

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OCTOBER 2020

INFORMATION FROM THE PUBLIC SERVICES DEPARTMENT

Call 811 Before You Dig

Safe digging is everyone's responsibility, but if you take shortcuts, your weekend projects can lead to Internet and cable outages, injuries or worse! That's why it is very important (actually, it's the law) to locate buried utilities in your easement, right of way and permitted use areas before you dig. 811 is the national number designated by the FCC to prevent unintentional underground utility strikes while digging.

What is Sunshine 811?

- Sunshine 811 is the center that connects people who plan to dig, or disturb the earth in any way, with Florida utility companies with buried utilities in your area.
- Call 811, or you can reach them through one of their online services.

When should you contact Sunshine 811?

- Contact 811 at least two full business days before planning to dig.
- If you plan to dig on Saturday, call Tuesday or Wednesday to give utility companies time to mark the approximate location of their utilities with paint or flags.

What types of projects require underground utilities to be located?

- Lines need to be marked for projects such as installing a mailbox, putting up a fence, planting trees, uprooting trees, grinding tree stumps, and building a deck, just to name a few.
- If you've hired a contractor, make sure the contractor calls 811 to have lines marked.

What utilities could be disturbed or become a hazard by digging?

- Electric power lines, cables, conduit and lighting cables
- Communications, alarm or signal lines, cables or conduit traffic loops
- Gas, oil, steam, petroleum, and gaseous materials
- Potable water, reclaimed water, irrigation, and slurry lines
- Sewers and drain lines

811 is a free service provided to you by Florida's neighborhood utilities!



Know what's below.
Call before you dig.

Fall into FUN with PARKS & RECREATION!

Find dates, details and prices at www.cwgd.com or call 407.656.4155

Gentle Yoga

Great for beginners or anyone that wants to learn the basics of yoga. Yoga involves stretching and strengthening exercises, breathing techniques and relaxing meditation.

Tuesdays | 7:15 – 8:15 pm

16 years and older

\$9 City Resident; \$10 Nonresident per class

Zumba

Move your hips and exercise in disguise! An exciting, dance-fitness class that features exotic rhythms set to high energy international beats!

Mondays and Wednesdays | 7:00 – 8:00 pm

Saturdays | 9:00 – 10:00 am

\$5 City Resident; \$6 Nonresident per class

Zumba Gold

Active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity. Zumba Gold introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination.

Thursdays | 11:30 am – 12:15 pm

\$3 per class City Resident; \$4 Nonresident



WINTER GARDEN FIRE RESCUE – FIRE AND SAFETY ZONE

HALLOWEEN SAFETY TIPS

- All costumes, wigs and accessories should be fire-resistant.
- When decorating your home, keep exits clear and free of clutter.
- When choosing costumes, stay away from long trailing fabric.
- Provide children with flashlights to carry for lighting or glow sticks as part of their costumes.
- Watch for children walking on roadways, medians and curbs.
- Use a battery-operated candle or glow stick in jack-o-lanterns.



Things to remember:

Wash hands with soap and water regularly to prevent the spread of infectious diseases. Get a flu shot and keep vaccinations current. Contact your doctor by phone, virtual visit using an online portal, or a smartphone app before going to the office or a clinic. Know at least two ways out of every room and make sure all windows and doors open easily. Smoke alarms save lives (photoelectric alarms are recommended). To learn about the smoke alarm program or for fire safety information, call 407.877.5175.

EXHIBITION

7th Annual Top Choice Awards

Artist's best works and open to all topics. Awards in a variety of 2-dimensional categories, photography and sculpture. This exhibition runs from September 1 – October 31.

Outdoor opening reception: Thursday, October 1
7:00 – 9:00 pm | Free

Florida Homegrown – Showing at Winter Garden City Hall

Artworks that depict local agriculture, farmers markets, the citrus industry, including local flora and fauna and more, 2-dimensional only. This exhibition will be up from September 1 – October 31.

WORKSHOPS

Please visit the website for more details and updates:
www.wgart.org/workshops/

ONLINE Discussion & Study Group: *The Artist's Way* by Julia Cameron

With Joy Wolff

Weekly lectures discussing *The Artist's Way* by Julia Cameron which will include strategies on breaking through creative blocks, figuring out what we love to do, finding our true creative selves and exploring our inner child artist. This course will include weekly meetings in an online discussion group, reading and journaling. Assignments include working with collages, multi-media, and personal art journals.

12-week online course: available until November 30
\$200 Member; \$245 Nonmember

Paint and Sip

With Gaby West

Learn to paint and enjoy some light refreshments in a relaxed and friendly art environment.

October 8 and 22 | \$40 Member;
\$45 Nonmember

Sunset Plein Air Class

With Noreen Coup

Join Artist Noreen Coup to paint plein air near Lake Apopka (two miles from Downtown Historic Winter Garden) with its enchanted cypress trees and views. You will mix colors together, sketch the horizon line and landscape to capture the sunset with all of the glorious colors.

TBD | \$105 Member; \$120 Nonmember

ON-GOING EVENTS

Artist Night Studio: Life Drawing

Model available to draw every Wednesday night. No preregistration, no commitment, no instruction, just drop in.

Wednesdays | 6:30 – 9:00 pm

18 years and older only | \$10 Member; \$15 Nonmember

PROGRAMS FOR ALZHEIMER'S AND DEMENTIA

Due to current restrictions for those at risk, please check the website for more information.

Paint-A-Memory

Register in advance: 407.347.7996

Musical Minds

With Central Florida Community Arts

Register in advance: 407.937.1800 ext. 719





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Garden Theatre

gardentheatre.org | 407.877.4736

THEATRE SERIES

Ugly Lies the Bone

By Lindsey Ferrentino

Newly discharged soldier Jess returns to her Florida hometown after three grueling tours of Afghanistan. She brings with her not only vivid memories of the war, but painful burns that have left her physically and emotionally scarred. Through the use of virtual reality therapy, Jess builds a breathtaking new world where she can escape from the pain, and begins to restore her relationships, her life, and eventually herself.

October 7 – 18

Matinee and evening performances

Best seats at \$35. Discounts for youth, seniors, groups, and military members

gardentheatre.org/plays

INTERACTIVE MOVIES

Interactive movies feature pre-show games and activities, as well as in-show activities. Seating is reserved and all tickets are \$15.

Hocus Pocus (1993, PG)

I put a spell on you! Follow along as Max, Dani, and Allison try to stop the witchy Sanderson Sisters from casting a spell on the whole town of Salem.

October 11 | 7:30 pm

The Rocky Horror Picture Show (1975, R)

It's just a jump to the left! Brad and Janet stumble upon a strange castle, where Dr. Frankenfurter is all too happy to welcome his new guests.

October 30 | 8:00 pm

October 31 | 10:00 pm

CLASSIC MOVIES

Join us as we watch our favorite classics on the big screen! Seating is reserved and all tickets are \$15.

Carrie (1976, R)

If only they knew she had the power. 16-year-old Carrie faces bullies at school and an abusive mother at home. The final straw to unleash her telekinetic powers may just be a fake prom invitation and a bucket of pig's blood.

October 25 | 6:30 pm

gardentheatre.org/movies

COVID-19 UPDATE

To best protect the health of guests, volunteers, performers, and staff, Garden Theatre will implement several safety precautions including but not limited to: physically-distanced seating, online playbills, paperless tickets, wearing face coverings inside the theatre, temperature checks, and no concessions.

gardentheatre.org/plan-your-trip/

GRASSCYCLE YOUR GRASS CLIPPINGS

Grass clippings are unacceptable in your curbside recycling cart, but there are other ways to recycle those clippings. You can grasscycle by leaving grass clippings on your lawn after mowing. According to the UF-IFAS Extension Office, grass clippings are approximately 90 percent water and will decompose quickly, releasing valuable nutrients back into the soil. The nitrogen from decomposed grass equals 1 – 2 fertilizer treatments per year.

Grasscycling also means less work for you: no shopping for bags, no bagging, no hauling bags to the street (or to the compost bin), less fertilizer purchased and applied, and less garbage going to the landfill.

Call 407.656.4111 Ext. 5193 for more information.