



NEWS YOU CAN USE

@ExploreWinterGarden | www.cwgd.com | 407.656.4111

AUGUST 2020

Summer FUN with PARKS & RECREATION!

Gentle Yoga

Great for beginners or anyone who wants to learn the basics of yoga. Yoga involves stretching and strengthening exercises, breathing techniques and relaxing meditation.

Tuesdays | 7:15 – 8:15 pm

16 years and older

\$9 City Resident; \$10 Nonresident per class

\$32 City Resident; \$36 Nonresident per four-week session

Zumba Gold

Are you an active older adult looking for a modified Zumba class that recreates the original moves you love at a lower intensity? Zumba Gold introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination.

Mondays and Thursdays

11:30 am – 12:15 pm and 1:30 – 2:15 pm

\$3 City Resident; \$4 Nonresident per class

\$22 City Resident; \$30 Nonresident per four-week session

Zumba

Move your hips and exercise in disguise! An exciting, dance-fitness class that features exotic rhythms set to high energy international beats!

Mondays and Wednesdays | 7:00 – 8:00 pm

Saturdays | 9:00 – 10:00 am

\$5 City Resident; \$6 Nonresident per class

\$40 City Resident; \$46 Nonresident per month

Register for Code Red for Boil Water Notices

The City of Winter Garden's Code Red is an emergency notification system used by the Police and Fire Rescue Departments for emergency notifications. It is also used by the Public Services Department to alert residents and businesses of a precautionary boil water notice as a result of a water main break.

The system will send messages to residents in targeted areas within the City that require immediate action. The City will only send out a Code Red message in an emergency, or with updates after an emergency. To register and learn more about Code Red, visit the City website at www.cwgd.com.

Rain Sensors: Is it Active?

Most Winter Garden residents follow the water conservation ordinance by watering their lawns on the appropriate day of the week, based on the property address, and not between 10:00 am and 4:00 pm. However, a lot of water is still wasted because sprinklers are running during rain showers.

Automatic lawn sprinkler systems must have a functioning rain sensor device. Check your rain sensor regularly to make sure it is placed in the ACTIVE position. This will ensure that your sprinklers stay off after there has been enough rainfall. To learn more, call 407.656.4111 ext. 5193.

WINTER GARDEN FIRE RESCUE – FIRE AND SAFETY ZONE



SUMMER SAFETY TIPS

- Wear waterproof sunscreen and apply often
- Hot weather can cause heatstroke and heat cramps. Make sure to drink enough fluids to avoid dehydration.
- Keep children and pets away from outdoor grills.
- Propane and charcoal grills should only be used outdoors.

The summer season is in the hurricane season. Make a hurricane kit and have an emergency preparedness plan in place for your home and family.

Year-round tips:

- Know at least two ways out of every room and make sure all windows and doors open easily.
- Smoke alarms save lives (photoelectric alarms are recommended).

To learn about the smoke alarm program or for fire safety information, call 407.877.5175.



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Winter Garden Art Association

SoBo Art Gallery | 127 S. Boyd Street | www.wgart.org

EXHIBITION

7th Annual Top Choice Awards

Artist's best works and open to all topics. Awards in a variety of 2-D categories, photography and sculpture. This exhibition runs from August 4 – September 30.

Outdoor Opening Reception: Thursday, September 3 | 7:00 – 9:00 pm | Free

WORKSHOPS

Please visit the website for more details and updates:
www.wgart.org/workshops/

Modern Art Madness, V2.3

With *Adrienne Lee*

Modern Art Madness! Vol. 2 is a three-part follow-up to Modern Art Madness! Artists being discussed in this new series include Robert Rauschenberg, Jean-Michel Basquiat, Keith Haring and the Russian Avant-Garde.

TBD | \$10 Member; \$15 Nonmember

Paint and Sip

With *Gaby West*

Learn to paint and enjoy some light refreshments in a relaxed and friendly art environment.

August 7 and 21 | \$40 Member; \$45 Nonmember

Kids Workshop – Cartooning and Anime for Youth

With *Mike Goodge*

Children will have the opportunity to draw and create cartoon characters, comic strips, storytelling inspired by comic books, animation and Manga Art. Each workshop will offer a new theme.

TBD | \$25 Member; \$30 Nonmember

Custom Kids Summer Art Classes Available!

To be invited, please fill out the form at www.wgart.org/summer-art-at-sobo/.

ON-GOING EVENTS

Artist Night Studio: Life Drawing

Model available to draw every Wednesday night. No preregistration, no commitment, no instruction, just drop in.

Wednesdays | 6:30 – 9:00 pm
18 years and older only
\$10 Member; \$15 Nonmember

PROGRAMS FOR ALZHEIMER'S AND DEMENTIA

Paint-A-Memory

* Register in advance: 407.347.7996

Musical Minds

With *Central Florida Community Arts*

* Register in advance: 407.937.1800 ext. 719



Garden Theatre

gardentheatre.org | 407.877.4736

Hello, Dolly!

Music and Lyrics by *Jerry Herman* | Book by *Michael Stewart* | Based on the play "The Matchmaker" by *Thornton Wilder* | Presented by *Bob and Dianna Duffy*

When matchmaker Dolly Gallagher Levi is hired to arrange a marriage for the miserly half-millionaire Horace Vandergelder, she easily finds him the perfect mate - herself! Full of humor, romance, and exquisite dancing, this blockbuster Broadway hit features some of the greatest songs ever written for the theatre, from "Before the Parade Passes By," "Put On Your Sunday Clothes," and "It Only Takes a Moment" to the irresistible title song, "Hello, Dolly!"

August 27 – September 27

ASL-Interpreted performance: Thursday, September 10
7:30 pm | Best seats at \$40 | Discounts available for youth, seniors, groups, and military members

gardentheatre.org/plays

Interactive Movies

Interactive movies feature pre-show games and activities, as well as in-show activities. Seating is reserved, and all tickets are \$15.

The Princess Bride (1987, PG)

Inconceivable! Westley must rescue his beloved Buttercup from Prince Humperdink, but Vizzini, Fezzik, and Inigo Montoya are just a few of the iconic characters who stand in his way.

August 8 | 7:30 pm

gardentheatre.org/movies

COVID-19 Update

To best protect the health of guests, volunteers, performers and staff, Garden Theatre will implement several safety precautions including but not limited to: physically-distanced seating, online playbills, paperless tickets, wearing face coverings inside the theatre, and no concessions.

gardentheatre.org/plan-your-trip/

* Due to restrictions for those at risk, please check wgart.org/west-orange-healthcare-partnership for more information.